



# FALL 2010 FLEX

The Professional Development Committee and the Academic and Classified Senates proudly present Fall 2010 Flex Week, three days of activities at both EDC and FLC campuses designed and presented by faculty and staff. Join your colleagues and fulfill your flex hours while helping the college achieve its professional development strategic goals.

*Paula Haug, Professional Development Chair*

*Kim Harrell, Academic Senate President*

*Roger Morris, Classified Senate President*

**Wednesday, August 18th at EDC**

**8:30am-5:00pm**

**Sustainability Outing**

**Room: Meet in front of the Fitness Center**

An “all day” easy hike / geology lesson / ecosystem awareness / appreciation of Mother Earth / excursion to a beautiful, granite-fringed High Sierra Lake. We will carpool to the site and return in late afternoon. Plan to meet at EDC at 8:30am; at least one District vehicle will be available for transportation. Presented by Dean Dale van Dam and the FLC Sustainability Group. RSVP to Dean van Dam at 530-642-5615 or [vandamd@flc.losrios.edu](mailto:vandamd@flc.losrios.edu).

**10:30-11:45am**

**EDC Flex Orientation Activity**

**Room: C-202**

This activity will include a tour of EDC and a brief visit with each college service department, including Admissions & Records, Financial Aid, DSPS, EOP&S, Counseling, Bookstore, Computer Lab, English/Writing Lab, Library, Administration Office, and Campus Police. The purpose of this activity is to help prepare new and returning faculty for a successful semester by familiarizing them with FLC's extension of services at EDC. The orientation will also include a brief “Nuts and Bolts of Instruction” orientation. Refreshments will be served. Presented by Vonnie Shane.

**11:00am-12:00noon**

**Sexual Harassment Workshop**

**Room: Community Room (C-102)**

For those who missed this workshop last January. Presented by the District Office.

**12:00noon-1:00pm**

**Meet ‘n Greet Brown Bag Lunch**

**Room: A-105**

Bring your lunch and join us as we talk shop about the coming semester. Adjunct faculty are especially encouraged to come.

**1:00-2:15pm**

**“Fire!! Devoted to the Younger Negro Artist”**

**Room: Community Room (C-102)**

*Fire!! Devoted to the Younger Negro Artist* was a one-time publication meant to be a quarterly. Published mid-point in the Renaissance timeline and at the center of its debates, *Fire!!* marked a defining moment in Renaissance aesthetics, where the younger artists broke from the editorial pressures of Civil Rights' leaders, declared themselves the people's artists, and embraced a populist aesthetic based on African-American cultural production, such as blues and jazz, and cultural and oral traditions such as “signifyin” and “playin’ the dozens.” Throwing off the yoke of Harlem Renaissance hegemony, the Negro artist took root in the literary imagination and became a legitimate subject in the field of cultural nationalism. The first generation of professional Black writers was born. Presented by Yvonne Price.

**2:30-3:45pm**

**On Course: Student Responsibility and Innovative Learner-Centered Teaching**

**Room: Community Room (C-102)**

Join us to learn the theory and application of student responsibility and learner-centered strategies that will motivate and energize both teachers and students. In this workshop you will learn a variety of teaching techniques that will invigorate your classroom and can be adapted to any discipline. Presented by Marcia Albert and Tracy Rauschkolb.

## **Thursday, August 19th at the Folsom campus**

**9:00-10:15am (3 workshops offered during this time)**

**The Two Cultures: Perceived or Real? Bridging the Intellectual Gap between Arts and Sciences**

**Room: Aspen Hall FL1-7**

It is now more evident than ever that in order to be successful, mastering one field, or being well-versed in one discipline, is no longer sufficient to stay competitive. Based on a conference at Oxford University in Spring 2010, the importance of an interdisciplinary approach in today's world will be discussed. Presented by Shadieh Mirmobiny.

**or**

**Applications of GIS in Earth Science Education**

**Room: Lilac Hall FL5-009 (GIS Lab)**

This will be an interactive presentation on the utility of using GIS software as a teaching tool in the Geosciences. The objectives are to define what a GIS is, demonstrate the effectiveness of GIS as a teaching tool, and describe the resources available at FLC and EDC for using GIS in the classroom. Participants will receive instruction in using ArcMap GIS software and practice using the software in Geoscience applications. If time allows applications in other disciplines such as Criminal Justice, Physical Education, and Business will be observed. Presented by Jason W. Pittman.

**or**

**Academic Dishonesty - Promoting a Culture of Integrity in Online Courses**

**Room: Community Room, Aspen Hall FL1-20**

This presentation will include a discussion, PowerPoint presentation, and a panel of online instructors who will share their viewpoint, experiences, and "best practices" in promoting a culture of integrity in the online courses they teach. The presentation will include valuable teaching tools that can help reduce academic dishonesty, while promoting collaborative learning and actually enhance teaching and learning. Presented by Candy Smith.

**10:30-11:45am (3 workshops offered during this time)**

**Basic Skills Workshop**

**Room: Community Room, Aspen Hall FL1-20**

Join in meaningful conversations through the World Café model of dialogue about basic skills students at FLC. Table leaders will be BSI Task Force coordinators and faculty who teach classes; they will facilitate discussions that address concerns about serving underprepared, basic skills students in all classes across campus, while giving faculty, who are frustrated by students' lack of preparation, a forum to talk about their concerns and challenges. Presented by Lisa Sapra and Yvonne Price.

**or**

**Learning Differences: Film and Discussion**

**Room: Aspen Hall FL1-104**

This workshop will feature a film, *How Difficult Can This Be?*, which graphically depicts how students with learning disabilities process information in a manner significantly different from other students. The film documents a workshop in which a psychologist simulates for an audience of educators the "frustration, anxiety, and tension" that plagues students with "learning differences" in our typical educational system. Following the film, the presenters will lead a discussion about implementing some of the strategies for helping those with "learning differences" made in the film. Presented by Tim McHargue, Rhonnie Coxe, and Andrea Roberge.

**or**

**Taiji and Qigong for Health**

**Room: PE-204**

Stressed out? Health not what you want it to be? Come play Taiji and Qigong. Taiji is an ancient Chinese martial art that emphasizes relaxation, meditation, self-cultivation, and inner calm rather than strength to promote health while reducing stress. Qigong is an internal Chinese meditative practice that uses slow graceful movements and controlled breathing techniques to promote well being. Use these techniques anytime to reduce stress. Presented by Jamie Willson.

**11:45am-1:00pm**

**Meet, Greet and Eat Brown Bag Lunch**

**Room: Falcon's Roost**

Bring your lunch bags and join us. Make connections. Adjunct faculty are especially welcome.

**1:00-2:15pm (3 workshops offered during this time)**

**On Course: Student Responsibility and Innovative Learner-Centered Teaching**

**Room: Cypress Hall FL2-239 (Reading, Writing, & Math Center)**

Join us to learn the theory and application of student responsibility and learner-centered strategies that will motivate and energize both teachers and students. Learn a variety of teaching techniques that will invigorate your classroom in any discipline. Presented by Marcia Albert and Tracy Rauschkolb.

**or**

**Multicultural Issues in the Classroom: Teaching and Living in a Diverse World**

**Room: Aspen Hall FL1-203**

This activity will explore the many ways that multicultural issues are a part of our teaching, whether we intend for them to be or not. Some of the topics we will cover include: ways to infuse multicultural practices into our teaching to enrich the learning of all students; privilege and hidden bias, curriculum development, classroom interactions, language, technology, and role models. Come with your ideas and your questions. Presented by Diane Carlson and Yvonne Price.

**or**

**Schedule Development and the Four-Semester Workload**

**Room: Aspen Hall FL1-7**

This workshop explores the most important and often the least-considered influences on the development of class schedules. Presenters will review the criteria used for building and maintaining workable schedules, particularly the need to ensure full-time faculty loads and load-balancing. Presented by John Alexander and Wayne Olts.

**2:30-3:45pm (2 workshops offered during this time)**

**Work Experience/Internship Program**

**Room: Aspen Hall FL1-7**

How can the WEXP/Internship program benefit your students? This workshop will present the general process of the WEXP/Internship program and the new LINCS (Los Rios Internship & Career Services) database. Presented by Kristi Church.

**or**

**The Creative Campus & YOUR New Arts Center**

**Room: Aspen Hall FL1-203**

Folsom Lake College's new Visual & Performing Arts Center is coming online next spring semester. What facilities and resources will be available? How can we best utilize this new community asset to broaden and deepen our students' understanding of academic disciplines and the larger world? An informational session and dialogue regarding the new regional arts center, with examples drawn from a nationwide "Creative Campus" initiative. Presented by Dave Pier.

**4:00-5:00pm (2 workshops offered during this time)**

**Sexual Harassment Workshop**

**Room: Aspen Hall FL1-104**

For those who missed this workshop last January. Presented by the District Office.

**or**

**FLC Mentoring Orientation**

**Room: Aspen Hall FL1-7**

For new faculty and mentors. Learn what works, what doesn't, and what's expected. Presented by Sean Fannon.

**4:30-6:00pm**

**Growing Your Own Herbs**

**Room: Off-site (John Rush's house)**

A 90-minute tour of John Rush's herb garden discusses plant growth patterns and chemical content, associated myths, medicinal, and magical uses, as well as discussions of mind-altering plants used worldwide to commune with the supernatural world. The garden is about 15-20 minutes from FLC. Presented by John Rush. RSVP to John at rushj@flc.losrios.edu and he will send you a map and details about what to wear.

**5:00-7:00pm**

**Adjunct Alphabet Soup**

**Room: Community Room, Aspen Hall FL1-20**

FTE, SDI, SLOs, FSAs, WSCH, TCS, ESA, COLA...which of these acronyms reflects your past, which influences your present, and which controls your future? While the professional contributions of many adjunct faculty are misguidedly summed up with the acronym "p/t," the reality is that "p/t" work demands a "f/t" commitment. Unfortunately, even the most committed adjunct faculty are often frustrated and confused by the abbreviations used to describe the most important areas of their work lives. This workshop is designed to provide adjunct faculty with a clear recipe for success by translating critical terms and identifying the ingredients needed to make today's efforts pay off and tomorrow's worries disappear. Please join your LRCFT representatives and the Vice President of Instruction, Sue Lorimer, for a light meal (Soup and Salad, of course) and an enlightening evening of dialogue. An RSVP would be greatly appreciated to ensure food for all- call Jae Anderson at 916-608-6899. Presenters: LRCFT and the FLC Office of Instruction.

**7:00-8:15pm (2 workshops offered during this time)**

**Basic Skills Workshop**

Join in meaningful conversations through the World Café model of dialogue about basic skills students at FLC. Table leaders will be BSI Task Force coordinators and faculty who teach classes; they will facilitate discussions that address concerns about serving underprepared, basic skills students in all classes across campus, while giving faculty, who are frustrated by students' lack of preparation, a forum to talk about their concerns and challenges. Presented by Yvonne Price, Camille Snow, and Ann Lynn Bjerke.

or

**On Course: Student Responsibility and Innovative Learner-Centered Teaching**

**Room: Cypress Hall FL2-239 (Reading, Writing, & Math Center)**

Join us to learn the theory and application of student responsibility and learner-centered strategies that will motivate and energize both teachers and students. Learn a variety of teaching techniques that will invigorate your classroom in any discipline. Presented by Marcia Albert and Tracy Rauschkolb.

**Friday, August 20th at the Folsom campus**

**8:30-11:30am**

**Continental Breakfast**

**Room: Community Room, Aspen Hall FL1-20**

**9:00-9:15am**

**Senate Update**

Presented by Kim Harrell.

**Room: Community Room, Aspen Hall FL1-20**

**9:15-11:15am**

**Authentic Assessment of SLO's**

In the first hour, faculty will be given an overview of "authentic assessment," of both course and program SLO's, examples of what people are already doing, and then resources available to faculty as they develop assessment plans for their courses and programs. In the second hour, a hands-on work session will give departments the chance to develop and/or refine assessment plans for individual courses. Presented by Brian Robinson and Christina Aldrich. Coffee and snacks will be available.

**Room: Community Room, Aspen Hall FL1-20**

**11:30am-12:30pm**

**Departmental Meeting and Brown Bag Lunch**

**Rooms: See below**

Anthropology: Aspen Hall FL1-203

Kinesiology, Health, and Athletics: PE-112

Art: Cypress Hall FL2-154

Library/IT: Aspen Hall FL1-35 (Library Computer Lab)

Business: Aspen Hall FL1-149 (break room)

Life Sciences: Cypress Hall FL2-119

Chemistry: Cypress Hall FL2-211

Math: Aspen Hall FL1-104

Communication: Cypress Hall FL2-153

Music: Dogwood Hall FL4-239

Computer Information Science: TBA

Physical Sciences: Cypress Hall FL2-208

Counseling: Aspen Hall FL1-204

Political Science: Dogwood Hall FL4-136

ECE/FCS/NUTR: Dogwood Hall FL4-135

Psychology: Dogwood Hall FL4-121

English: Cypress Hall FL2-239 (Reading, Writing, & Math Center)

Public Safety Education: Lilac Hall FL5-211

English as a Second Language: Cypress Hall FL2-232

Spanish: Cypress Hall FL2-246

History: Lilac Hall FL5-113

Theater Arts: Cypress Hall FL2-148

Humanities, Philosophy, and Sociology: Lilac Hall FL5-112

**12:45-2:00pm**

**Convocation and Chancellor's Report**

**Room: Buckeye Hall FL3-173 (Large Lecture Hall)**

Presented by FLC Administration and Chancellor Brice Harris.

**2:15-3:15pm**

**Division Meetings**

Languages & Literature, Social & Behavioral Sciences, Humanities: Aspen Hall FL1-20 (Community Room)

**Rooms: See below**

Physical Education/Career & Technical Education: Lilac Hall FL5-211

Math, Science, Library, IT Engineering, Business: Aspen Hall FL1-104

Counseling & Student Life: Pictel (CS-212 or Innovation Center)

Visual & Performing Arts: Cypress Hall FL2-154

*Nota Bene:* Safety training is required annually for Bloodborne Pathogens for all employees. Haz-Com annual training is required for all employees who come into contact with hazardous substances in their work area. However, a one-time, one-size-fits-all annual training has proven to be cumbersome. Instead, individual departments may now schedule discipline-specific training for their employees at their own convenience during the Fall or Spring semester. Faculty attending these workshops will receive one hour of Flex credit for each hour spent in the workshop. This training can be presented by any qualified person, which means the trainer should read and understand the Hazardous Communication program and be familiar with the hazardous materials in the area. For Bloodborne Pathogen training, the training is available online on the ASCIP website at: <http://www.losrios.edu/~risk/ASCIIP.pdf> (link can only be accessed by on-campus computers).

Department chairs should also check out section F of the Haz-Com program for the training items that must be covered. More information is listed on the LRCCD intranet website under Employees > General Services > Safety and Risk Management > Safety Program, which contains a training matrix you can review and a chart that shows the required safety training, frequency of safety training, and who needs the training at: <http://www.losrios.edu/~risk/safeprogram.php> (link can only be accessed by on-campus computers).

Tracking your department's training can be as simple as an Excel spreadsheet. There is also a link to the Haz-Com program at <http://www.losrios.edu/~risk/Hazcom.php> (link can only be accessed by on-campus computers). The pdf file- a supervisor's handout- was designed for the supervisor to walk new employees through the Haz-Com training and point out items that relate specifically to their department.

Please complete a sign-in sheet for all live trainings (see attached) and retain for three years.

---

**For questions or comments about the schedule, contact Tom Caramagno at [caramat@flc.losrios.edu](mailto:caramat@flc.losrios.edu) or call 916-608-6671.**