

Course ID	Course Name	Course SLO	Reporting Period	Number of Sections Assessed	Number of Students Assessed	Result	% of Students Who Met the SLO	Areas of Outstanding Student Performance	Areas of Student Performance in Need of Improvement	SLO Identified Resource Needs (See Instructions)	Explanation of Resources Needed
FITNS 307	Aerobic Mix	Implement methods learned for altering body composition through proper nutrition and exercise.	2017 - 2018: Spring 2018	1	6	100% (6 of 6) of students assessed were able to identify the key components for altering body composition. 83% (5 of 6) were successful in reducing body fat percentage over the course of the semester implementing the methods learned.	83	Making changes to high levels of body fat percentage.	Students who needed to add body fat were less likely to make significant changes.	None	N/A
FITNS 388	Weight Training for Speed, Agility, Quickness: Advanced II	Demonstrate a high level of proficiency in the execution of exercises meant to improve speed, agility, and quickness.	2017 - 2018: Spring 2018	1	16	100% of the students improved their speed and distance. 81% of the students improved by 10% and 59% of the students improved their distance by 15% or more.	81			Equipment	A hard wired internet access to the soccer field and track would benefit the students and teachers in meeting the SLO successfully.
FITNS 395	Stretch	Design a personalized stretching routine.	2017 - 2018: Spring 2018	1	7	100% of the students that were assessed successfully completed SLO 4 : Design a personalized stretch routine.	100	Students met all requirements for the personal stretch routine with accuracy and clarity of description. Organization was also outstanding though it was not measured.	Based on assessment results there are no areas in need of improvement for student performance.	None	n/a
		Identify the primary muscles engaged during a stretching routine.	2017 - 2018: Spring 2018	1	7	100% of the students participating in the SLO assessment identified the primary muscles engaged through visual representation, primary action of muscle group or a name identifier.	100	Student were exceptional in identifying the muscles engaged in the stretch. Extensive discussions while executing the stretches created kinesthetic awareness to the location of the muscles groups. Specific identifiers such as names and primary and secondary actions of major muscles were used in discussions and supplemented by the textbook reading assignments.	Based on the SLO results no areas needed for student performance	None	n/a
FITNS 414	Tai Chi	Attain proficiency of Tai Chi choreographic movements with skill to continue individual practice.	2017 - 2018: Fall 2017	1	23	100% of students passed course with grade of A or B	100	Students are able to learn choreographic movements	In general students need improvement in attention and retention of the subtle details	None	N/A
		Employ Tai Chi as a martial art and method of self-development.	2017 - 2018: Spring 2018	1	25	1. Students demonstrated Tai Chi choreographic movements sufficient to continue individual practice. 2. Students demonstrate meditation, concentration and less distraction through methods of Tai Chi. 3. Apply stress reduction and relaxation techniques to everyday life situations. 4. Students attained improved sense of kinesthetic awareness and balance in everyday movements. 5. Student demonstrated basic comprehension of Taoist, Confucian and Buddhist philosophies and their relationship to Tai Chi. 6. Understanding self defense by way of awareness and avoidance of potential aggression. Execution self defense methods of take downs, joint locks, balance control, striking and evasion.	95	There are areas of outstanding performance. There is a noticeable improvement in the demeanor, mental focus and awareness of body movements and balance. Most notable improvement is the self confidence students attain resulting from solo performances.	All areas of of Student Performance have the potential for improvement. I continuously make refinements to the course presentation in order for students to apprehend more clearly requirements for their best performance.	None	None

HEED 302	Introduction to Public Health	Distinguish the difference between personal and public health, how western medicine differs from other global regions in the approach to disease prevention, and describe the organization, financing, and delivery of various medical based services in the United States.	2017 - 2018: Spring 2018	1	4	100% of the students assessed met the criteria for SLO 2, by successfully answering the short answer review questions Chapter 1, question 4, Chapter 13, question 1, 20, 21, 23-31 and 33.	100	Students accurately and clearly demonstrated understanding of the SLO2 concept through short answer essay questions. This was confirmed with additional testing through a multiple choice quiz that was not included on the SLO assessment.	Based on assessment results there is no area in need of improvement relating to student performance.	None	n/a
		Identify different public health disciplines, professions, and organization and explain how each contributes to the field of public health.	2017 - 2018: Spring 2018	1	4	100% of the students assessed successfully completed the requirements for SLO 1, identify different public health disciplines, professions, and organization and explain how each contributes to the field of public health.	100	Based on assessment results, students met expectations for meeting the criteria for SLO 1.	Based on assessment results there are no areas in need of improvement for student performance.	None	n/a
		Outline strategies for prevention, detection, and control of chronic and infectious diseases and the process of community organizing, building, and health promotion programming.	2017 - 2018: Spring 2018	1	4	100% of the students assessed met the criteria for demonstrating the epidemiological methods including analyzing rates and defining terms such as cases, population at risk, risk factors, incidence, prevalence, morbidity, and mortality.	100	Based on the assessment results, students met expectations for completing SLO3.	Based on assessment results, students do not have areas in need of improvement for performance.	None	n/a
KINES 417 - DANCE 382	Fitness Injury Prevention and Management	Demonstrate knowledge of the musculoskeletal system, body mechanics, and fitness injury terminology.	2017 - 2018: Spring 2018	1	4	100% of the students that successfully completed the class wrote a short description of their understanding of fitness injury terminology. 50% of the students that successfully completed the class correctly answered 14 or more of the 20 multiple choice questions specific to the musculoskeletal system, body mechanics, and fitness injury terminology.	50	Two of the students had more than 14 of the 20 questions correct on the multiple choice component. All 4 of the students were able to demonstrate some understanding of the SLO concepts when they wrote out an answer	More time spent on the SLO concepts might help student performance in terms of a multiple choice test. Since students seemed to be able to demonstrate better understanding when answering a written question, a final exam requiring written answers might demonstrate their knowledge in a more complete way. This class is a two-unit class but the material covered might be better handled in a three-unit class with more time to cover the concepts in greater depth.	None	N/A
		Develop a strength and flexibility plan for avoiding and preventing common injuries in fitness activities.	2017 - 2018: Spring 2018	1	4	The students submitted a strength and flexibility plan that they created based on their specific needs/activities that would help them avoid and prevent injuries in their physical activity pursuits. 100% of the students successfully completed the activity.	100	Each student created a strength/flexibility plan specific to their fitness activities/needs. This was done in an outstanding manner by all of the students.	Some students need to improve their reasoning for/understanding of why the exercises and/or stretches they selected would help them minimize or prevent injuries in fitness activities.	None	N/A
PACT 310	Badminton I	Define the common terminology used in badminton.	2017 - 2018: Spring 2018	1	14	86% (12 out of 14) of the students that successfully completed the course correctly answered 7 or more of the 9 multiple choice questions concerning common terminology used in badminton.	86			None	N/A
PACT 311	Badminton II	Effectively execute serves, drop shots, smashes, and backhand shots consistent with an intermediate-level badminton player.	2017 - 2018: Spring 2018	1	2	100% of the students that successfully completed the course (2 of 2) demonstrated intermediate level proficiency for executing serves, drop shots, smashes, and backhand shots.	100	Both students were near 100%, meaning they had mastered the four types of shots to high level.	None	None	N/A

SPORT 300	Baseball, Intercollegiate-Men	Apply proper etiquette and sportsmanship during the athletic experience.	2017 - 2018: Spring 2018	1	34	100% of our students have met this SLO. There have been no ejections or game suspensions of any player due to improper etiquette or sportsmanship.	100	Our behavior on the field was exceptional. Our students have done a great job respecting the game, officials, and opponents.	None at this time	Instructional Assistants	Paid assistants help to manage to varied load of student athletes and their needs in season. I rely heavily on assistants to help with the general health of the team and in game management. In game management of our student athletes is essential to meeting the SLO.
SPORT 301	Off Season Conditioning for Baseball	Demonstrate proper form and techniques when executing various drills for baseball.	2017 - 2018: Fall 2017	1	25	One area of measurement that we use to determine proper form and techniques is that of Quality At Bat (AB) percentage. This covers a wide range of outcomes during an AB that the student may have during game play. Our goal in the fall is to have QAB percentage above .300 as a team which was achieved for the Fall of 17. This is also the goal of the individual student but was not met by all students based on a range of things most notably skill level of the student athlete who is participating in the Fall program.	48	N/A	N/A	None	No resources needed for this SLO
SPORT 303	Pre-Season Conditioning for Baseball	Demonstrate an intercollegiate baseball skill level when hitting a baseball.	2017 - 2018: Spring 2018	1	14	Various results if measured individually for each student. For the purpose of this SLO we measure our team batting average as a whole against our peers in the state of California.	71	Those that are hitting at a rate of .200 or better for average success rates on balls put in play that result in a hit.	Those that struggle with limited opportunities to receive AB.	Facilities	We need Iron Mike pitching machine for cages, lights, and roofed area so that students can hit as needed outside of class time. The pitching machine needs are based on increased velocity when practicing which would improve in game performance.
SPORT 311	Basketball, Intercollegiate-Men, Fall	Demonstrate proper etiquette and sportsmanship during the athletic experience.	2017 - 2018: Fall 2017	1	12	100% of the students that successfully completed the class demonstrated proper etiquette and sportsmanship during the athletic experience.	100	Based on the assessment results, all areas of student performance were outstanding.	Based on the assessment results, none of the areas of student performance need to be improved.	None	N/A
SPORT 312	Basketball, Intercollegiate-Men, Spring	Develop and demonstrate an understanding of basketball teamwork.	2017 - 2018: Spring 2018	1	7	100% of the students that successfully completed the class developed and demonstrated an understanding of basketball teamwork.	100	Based on the assessment results, all of the areas of student performance were outstanding.	Based on the assessment results, none of the areas of student performance need to be improved.	None	N/A
SPORT 314	Pre-Season Conditioning for Basketball	Execute speed, agility, and quickness drills correctly.	2017 - 2018: Fall 2017	1	11	100% of the students that successfully completed the class executed speed, agility and quickness drills correctly.	100	Based on the assessment results, all of the areas of student performance were outstanding.	Based on the assessment results, none of the areas of student performance need to be improved.	None	N/A
SPORT 316	Basketball, Intercollegiate-Women, Fall	Apply advanced basketball tactics and skills appropriate to intercollegiate level athletic competition.	2017 - 2018: Fall 2017	1	8	63% of students assessed met the SLO. This was based on the students showing any improvement at all in either the statistic of field goal percentage or rebounds per game. The statistics for the first two months of the course were compared to the last two months of the course.	63	None	None	None	None
SPORT 317	Basketball, Intercollegiate-Women, Spring	Apply advanced basketball tactics and skills appropriate to intercollegiate level athletic competition.	2017 - 2018: Spring 2018	1	8	63% of students assessed met the SLO. This was based on the students showing any improvement at all in either the statistic of field goal percentage or rebounds per game. The statistics for the first two months of the course were compared to the last two months of the course.	63	None	None	None	None

SPORT 352	Off-Season Conditioning for Women's Soccer	Demonstrate proper footwork techniques specific to soccer.	2017 - 2018: Spring 2018	1	24	100% of the students successfully demonstrated proper footwork techniques specific to soccer during training sessions and games.	100	Based on the assessment results, all areas of student performance were outstanding.	Based on the assessments results none of the areas of student performance need to be improved.	None	N/A
SPORT 355	Soccer, Intercollegiate-Women	Execute soccer skills and appropriately apply those skills in intercollegiate competition.	2017 - 2018: Fall 2017	1	33	100% of the students successfully executed soccer specific skills during intercollegiate competition.	100	None.	None.	None	None.
SPORT 368	Pre-Season Conditioning for Softball	Demonstrate and increase proper muscular strength and endurance and cardiovascular endurance specific to the sport of softball.	2017 - 2018: Fall 2017	1	12	100% of the athletes in the class successfully showed an increase in strength and endurance by showing improvement in the amount of time it took them to complete our benchmark workout.	100			None	We have the resources to meet the SLO
TMACT 305	Futsal I	Apply, analyze, and demonstrate basic futsal skills and techniques.	2017 - 2018: Spring 2018	1	7	75% of the students successfully applied, analyzed and demonstrated basic futsal skills and techniques.	75	Based on the assessment results, no areas of student performance were outstanding.	Based on the assessment results, consistency in practicing the skill would need to improve.	None	N/A
		Develop physical skills that are required for success in the game of futsal.	2017 - 2018: Fall 2017	2	25	100 % of the students successfully developed physical skills that are required to participate in the the game of futsal.	100	None.	None.	None	None.
TMACT 306	Futsal II	Evaluate personal technical skills in futsal.	2017 - 2018: Spring 2018	1	13	100% of the students successfully met SLO for developing personal technical skills in futsal.	100	Based on the assessment results, all what areas of student performance were outstanding.	Based on the assessment results, no areas of student performance need to be improved.	None	N/A