

Degree/Certificate Program

Psychology AA or AA-T

Program Student Learning Outcomes (pSLOs)

To evaluate the program student learning outcomes (pSLOs), students were asked: "With respect to all of the classes you have taken at FLC toward an AA or AA-T in Psychology how well have the classes prepared you to...(each pSLO was listed)." Responses ranged from 5 "excellent preparation" to 1 "inadequate preparation". Below is a summary of the student responses by the semester the student petitioned to graduate.

PSLOs	Total				18-19	17-18	16-17	Spring 16
	Mean	Std. Dev.	Min.	Max.	Mean	Mean	Mean	Mean
Demonstrate familiarity with the major concepts and theoretical perspectives in psychology.	4.51	0.61	3	5	4.50	4.34	4.70	4.67
Evaluate the influence of biological and environmental factors on behavior and mental processes.	4.58	0.60	3	5	4.59	4.53	4.57	4.78
Apply psychological concepts and theories to personal and social issues.	4.44	0.70	2	5	4.36	4.28	4.57	4.89
Apply basic research methods to evaluate psychological issues.	4.46	0.76	2	5	4.45	4.42	4.35	4.89
Demonstrate the appropriate use and interpretation of various descriptive and inferential statistics relevant to psychology.	4.42	0.75	2	5	4.45	4.41	4.43	4.38
Number of responses	86				22	32	23	8

Additional Feedback

Students were given the opportunity to provide additional comments about their experience in the program and more broadly at FLC. Below are the questions students were asked, along with the comments provided by the students:

Please provide any additional comments about your experiences taking classes toward an AA/T degree in Psychology that might help FLC improve the program.

Spring 2016

XX is a great professor that tries really hard to help the students understand the material, and goes out of her way to do so.

I love FLC..

Wish there was a stronger sense of community on campus and more ways to get involved with psychology

2016-2017

XX and XX are both incredibly helpful professors who are passionate about their fields of study. These professors are, in my opinion, the pillars of the Psych department at FLC.

Financial aid department is inefficient.

N/A

Study hard, visit professor and tutor as much as possible, read more

I know Statistics 300 isn't required in Los Rios, but it is at my transfer school, and I think you have to take it as a psych major anywhere. I think it should be recommended that students take Stats 300 before they take Psych 330; I think it would have made that psych class easier for me if I had done that.

It would be nice to have Psych 368 offered more than just once a year.

Professor XX and XX really inspired me and helped prepare me for my future classes. They went in depth and gave very useful information. So if other professors could sit in their classes to experience the way they teach would be helpful.

2017-2018

XX was a fantastic professor and as a result I feel like the department would benefit from taking her suggestions for improvement.

An extension of tutors for those who are struggling with Statistics or Research Methods would be great, right now I believe there is only one gentleman who helps out for Stats. I know it's not a highly attractive position for some, but I think encouraging and getting the word out about how to successfully pass the vigorous courses for students would be great!

Every aspect of the process from choosing the classes, classes themselves, the course content and the Professors. WOW! The professors were awesome. Dr xx totally prepared me for the future classes I'm going to take at sac state and in professional life to come. xx was right...his class is maybe the most "important" class I ever take. Maybe not the easiest or hardest or whatever but definitely the most "important"

From the classes and experience that I have had in psychology while at FLC, I have been able to open my perspective of the world and the people around me and their behavior in a positive way. I have also acquired a huge amount of self-confidence. I have come to understand behavior and the directions that I need to take in becoming an active member of the psychology community with helping to improve the health of society and myself.

I appreciate that many of the classes are offered online, which helps with my unconventional work/home schedule. I feel the dissection in BioPSych was unnecessary. Many of the new models/anatomy programs could easily and more effectively teach the core curriculum for this course.

I didn't know about AAT/AST programs until the end of my second to last semester at FLC. It would be better if it was made more noticeable for students.

In general, the program as a whole has been an excellent experience

In general, the whole program has been an excellent experience

My professors were really excellent at letting me know what was expected, this made that part at least very clear. I would have liked to take more of my core classes at FLC, but had to take them at ARC because of the availability of online classes. There weren't enough good choices for evening for the ones that I needed. I can't tell you how excited I was to see the hybrid Bio Psych class with the on campus lab. The prospect of an hour and half in lecture and then being on campus until ten one night a week when I have to work the next day was not something I was looking forward to having to do, but fortunately I did not, and I believe it worked out well.

Professor xx and Professor xx were the best teachers for psychology I have ever taken

PSYC 330 was a 3 unit course, however the workload and rigor is equivalent to that of a 5 unit course in the math department. I also felt that the instruction and general structure of the courses taught by PhDs was superior to courses taught by those who held Masters degrees.

Really enjoyed just about every class I had at FLC all the professors were great

Really great classes, prepared me and equipped me with great learning tools.

The Psychology faculty is inspirational and supportive.

2018-2019

Dsps is invaluable for those that need it. A refresher course is necessary.

I deeply enjoyed taking biological psychology and others, however, I found my cross-cultural psychology class to resemble a group therapy session more than an actual learning environment.

I really enjoyed the classes and course work. Proved really challenging while also very interesting.

I really like the psychology classes that I took here more than ARC. They prepared me more on what was to be expected in a CSU or UC

More info on SPSS. It's really hard to understand sometimes.

More tutors available for Research Methods and stats would be optimal!

My introduction to psychology class at FLC was lacking. It did not prepare me for the major. All other psychology classes that I took at FLC were phenomenal. They adequately prepared me to transfer to Sacramento State.

Overall the education and experience at Folsom Lake College has been pleasant. I will say that it is definitely necessary to have pre-requisites for Psych Stats and Research Methods in Psych! I am an A student with a 4.0 GPA and even taking the pre-reqs before these two classes I found them very challenging and I am concerned for other students if you get rid of the pre-reqs. While the classes were challenging, I feel that they have prepared me the most for my higher education in Psychology and truly wish I took more classes with Prof. XX

Professor XX and Professor XX were two of the most knowledgeable and influential professors I had at FLC. Because of them, I feel well prepared and confident that I'm leaving with the skills I need to succeed in the next chapter at Sac state.

Professors XX and XX took a very helpful approach to teaching the class and had students participate during class time which I felt gave the hands on experience that would be more beneficial to many other classes.

Sac State has changed their psychology catalog -- psych 330 is accepted for transfer as the math course required for graduation, but stats 300 is not anymore, so it'd be useful for counselors to tell psych majors looking to transfer to sac state that psych 330 is the only stats class that will transfer for the major. Also, counselors should be clearer to students about the difference between an AA and an AA-T in psychology.

The Psychology professors that I had during my time here at FLC were absolutely amazing. Especially Professor XX, Professor XX, and Professor XX, They are very passionate teachers and I won't forget them.

Is there anything else you would like share about your experience as an FLC student?

Spring 2016

I transferred to Sac State and learned that only 2 of my psych classes transferred as a psych requirement. I feel like one of the many FLC counsellors I saw should have warned me that I was taking many of my classes for no reason. I feel like the T part of my AAT is misleading because I assumed my classes would transfer and they didn't. I could understand if I went to some distant private school, but so many FLC students go to sac state, we should be warned about this.

I wish they had Men's and Women's basketball teams.

Loved office hours and would love more ways to interact with the professors as much as possible. Found that I learned best when I had a good relationship with the professor

Professor Fannon is an amazing professor and after taking his biological psychology class I decided to pursue a psychology degree. Teachers in the Psych department are absolutely amazing. They can be tough, but I respect them for that. I really took a lot of knowledge away from this school and believe my success will continue onto Sac State. Thank you, XX, XX, XX, XX, XX!! The library should be open past 8. If it were open until 11, that would be a dream and kids wouldn't resort to a tiny little Starbucks until 10:30 when they kick us out.

2016-2017

I had a very frustrating experience with the school counselors on campus. Every time I went in I was told something completely different. And just this last semester I was incorrectly informed that I did not have enough credits to graduate. A small heart attack right before I was to walk. Luckily I knew I was correct, but had I been an inexperienced college student i could have been signing up for classes i didn't need. The counselors need to get more entuned with the students on campus. Their job is extremely important in guiding these young adults onto the correct college path.

I liked the campus and the teachers and the environment, but it is close to impossible for anyone to transfer in just two years, like it is supposed to take, because not every class is offered every semester, and the first two years as a student you can not get into any classes you need because of how low your priority is, and how many students are trying to take the same classes. This is a huge issue, more classes and teachers should be added to meet the demands of how many students are at FLC.

It was a great campus, I always felt safe. Great environment with friendly professors wanting to help. I am very grateful to of had the opportunity to go to this school and I will miss it.

2017-2018

Annual or biannual counseling sessions ought to be mandatory.

xx and xx are the best professors in the psych department. Please keep them there forever :-)

I am just grateful for this experience and help that I received in reaching my dreams.

I have enjoyed being in school and learning so much. I have also had the opportunity to meet a lot of great younger people that I never would have met if not for coming here.

I moved up to Sacramento and started to attend FLC at a bad time in my life. I wasn't making the right decision and I was experiencing the results of those bad choices. While I did have a hard time the first couple of years moving to a new place and trying to get my legs under me in school, sticking it out at FLC was the best deduction I could've made. I did have many bumps a long the way but my professors were super understanding when I had an immediate family member die right before finals, when I had an ulcer diagnosed during the week of finals, and just general issues. I won't forget how happy one of my professors was to see me back in his class after I failed his class the semester before saying "glad to see you back I know you got it this time." The professors I met (especially in the psychology department) were some of the best professors I've ever meet and better than most I had while attending San Fransico State. I think the close relationships with the professors is the thing I'll miss the most when I go and attend Sacramento State

I really appreciate the excellent education that was offered from professor xx and professor xx. Speaking with other students who have had the same course with different teachers at other los rios campuses, it was clear that the courses at FLC were more challenging, but offered the most academic growth and learning. I also really appreciate the celebration of diversity and social justice involvement from the faculty and students. It was very refreshing to see/experience. I think it helps the students know that the support they receive goes beyond academic. I'm really going to miss being a student at FLC.

I really appreciate the time and education I received here at Folsom Lake College. Through the institution I have learned many life skills and I plan on coming back to the school one day to give back to those who helped me succeed. Thank you Folsom Lake College and all my professors!

I really love FLC but I feel like there were a few programs/clubs that were needed for me especially diverse and ethnically charged clubs and programs

It was a fun experience

Really great professors and great classes!!

Thank you FLC and the wonderful community you have created here to help students thrive. Especially at my age of 48, you helped make this whole process fun and rewarding. I've met a ton of great people and have made a lot of great friends. Thanks FLC. And thanks Dr xx and Dr xx Love Coach xx FLC SOFTBALL

The campus was nice and quiet and the professors were all great. Definitely gonna miss it.

The counseling department could be improved. I felt like some of my counselors did not have adequate knowledge to help me with my questions. However, Mr. xx and Mrs. xx were fantastic.

2018-2019

I enjoyed all my professors, especially XX and XX but I didn't much care for XX as her teaching style was not what I was used to or liked. But all my professors were nice and encouraged me to do my best.

It was life changing in many ways. Attitude, Attention and Awareness not just in academia but in life.

Out of all of the community colleges I have attended, I felt FLC seemed more interested in making sure their students succeeded instead of thinking of their students of numbers. Thank you for caring about my educational success.

Overall FLC is a great campus and has wonderful caring teachers.

Overall I loved my time at FLC. The psychology department has amazing professors who helped me succeed.

Please just get your counselors in line, it is incredibly stressful to have to figure everything out individually because we can't trust the counselors to give accurate information.

The entire staff was so helpful. As a student who's parents never really attended college and had no idea what was going on as well, the financial aid and counseling offices helped me tremendously, so much that I am able to help those around me who are too nervous to start because they do not know how.

Were there any services or supports offered by the college that were a significant support to the achievement of your academic goals?

Spring 2016

Library

Library orientations and the research assistants. Also, APA formatting classes.

2016-2017

Counselor xx advising Prof xx

English center, tutoring

The DSPS really helped me pass all of classes with giving me extra time if I needed it to take my exams.

The tutoring center

Disability services

EOPS, PTK

The library and computer lab, especially the computers with SPSS. Those allowed me to focus on my work, but if I had been at home I would have gotten distracted easily or procrastinated.

The reading and writing center, also the library gave me a lot of information. It was comforting to have one on one help with math and writing.

Tutoring center, reading and writing center, counseling, welcome center, career and transfer center

Tutoring in math helped a lot.

2017-2018

Career center

DSPS

EOPS

Eops/Care

Financial Aid

Financial aid services and academic advising services helped me reach my goals.

I was able to get positive direction on how to achieve the education and focus that is needed in the career path that I have chosen through the psychology professors that I have had. They also just talked to me when it seemed that I was having personal issues, which helped in wanting to be successful.

I would not be here without the aid of the disability counter

Office hours are always helpful!

Reading Writing Center

Research Center at FLC and English Lab at EDC were very helpful

School counseling sessions were very beneficial for me in planning my education.

The counsellors and the counseling department has been paramount to my success. Especially David Hall and Chris Clark. Fantastic individuals and a blessing to all.

Tutoring, Student Life, Professor office hours, Student Activities Club, and different groups of people made the journey amazing!

Writing center, library, study groups, canvas

DSPS

2018-2019

Dr. XX helped me more than I could explain. I went to every office hour. In addition, there was a tutor for psychology 330 which helped me a lot. Statistics is the hardest thing for me in my major. I feel adequately prepared for upcoming statistics classes at the university because of how FLC prepared me.

Dsps

DSPS

DSPS was crucial in helping me achieve the testing environment with dedicated, non-distracting time to complete the exams. Veterans success center gave me individualized workspace, computer and printer access when needed. Tutor hours were essential in providing me one-on-one time to successfully manage a B in behavioral statistics. Without this access, I might not have been quite as successful.

Dsps, financial aid, bog waiver

EOPS, Counseling, skilled professors

Financial aid made attending college full time possible.

Did you experience any significant barriers to achieving your academic goals?

Spring 2016

Counselors did not do a very good job of assisting in class selection or notifying students of new prerequisites

Not getting into some classes because only one teacher is available to teach it. Also, we should look into how well teachers prepare their upper div students because there is a specific class in Biological Sciences at FLC that probably left me more dumbfounded about the subject than when I started. More should be done to make sure teachers are actually involving their students into lecture because otherwise, lecture is useless. Also, the test material should cover what concepts are reflected in class. I believe, especially with Biology classes, the main concepts should be stressed rather than specific, unimportant examples.

Some of the counselors requested I took many classes that I did not need

2016-2017

FLC Financial Aid office was terrible. My loan was not disbursed for over 2 months, requiring me to drop a class because I could not afford the course materials. The customer service regarding my issues was terrible, resulting in dropped calls and ignored messages/voicemails. It was made clear to me that the issue of my disbursement was due to an "error", not a "mistake", by the Financial Aid office. The issue took a great deal of time to solve, and the explanations provided for the existence of the problem were insufficient and juvenile, sounding like a rote memorized script being uttered in a blurb of nearly incomprehensible English. "It was not a mistake on our part, it was an error" (FLC Financial Aid Office, 2016).

Getting the same information from each counselor I spoke to. Getting into classes I need was difficult too.

Getting placed on academic probation for two semesters even though my grades and everything else were in order

I had to take several classes that were not above the 300 level to get into the 300 and above level classes, I had many social life complications outside school that impacted my academic success, I had to drop a few classes, I had to talk to many different counselors for help to transfer because it seemed no one knew what was needed by sac state to transfer, I also was often given contradicting information by different staff members, over all I felt like I had to figure things out on my own because the FLC staff was not very helpful unless I told them what needed to be done.

Learning disability, recent death of my mom I was her caregiver now my husband who is suffering with ALS I am now his care giver

When signing up for some classes I had issues with enrollment due to first year priority. I wasn't able to enroll in certain classes and had to look for alternatives which meant driving to another location. Was a bit frustrating.

2017-2018

During my time at FLC I was in an abusive relationship. This situation lead to poor attendance and repeated withdrawal from courses.

It also impeded my ability to complete required course work to the best of my ability.

Family issues, ride conflicts, etc.

Just my personal learning disabilities and balancing a work schedule with it

My disability, very blurred vision

Personal life

Personal life got in the way many times.

School work and work

Severe mental health issues, leading me to drop classes or stop going to them entirely.

Waitlisted classes

Work money

2018-2019

Child care, transportation, lack of money to go full time.

Every counselor I had at FLC gave me different and incorrect information. I did not know I was lacking six transferrable units to go to the university. Nobody told me, I had met with counselors for years and they all explained that I was on track when I was not. I became my own counselor and did all my requirements on my own. The counselors need major improvement. I had to appeal to my university to let me in.

Health issues

I feel like the counselors who are there to help you achieve your academic goals and help you plan out your courses to do so gave me contradicting advice that held me back an extra year.

I was eligible for the military spouse scholarship / grant through Myseco and the Los rios district declined it

Personal. Loss of father. Mental health.

Some classes were only offered during a spring or fall semester so having to wait to wait to take a certain class set me behind because it was a prerequisite for other classes I needed unfortunately.

The barrier to my goals was my units for transferring. I was told by a counselor that I had enough units to transfer but then I found out that I didn't so at the last minute I had to throw in an extra class to compensate.

The counselors mislead me multiple times as I tried to complete my AA and I didn't feel I got adequate guidance during my education until I insisted on meeting with XX.

Trying to balance job and school